Before you start

Applying Emla to the back (for a lumbar puncture)

A lumbar puncture usually takes place under sedation.
Before the procedure, your child receives local anesthesia with Emla.
In rare cases, sedation is not needed and only Emla is used.

How do you use Emla?

For Emla on the back, use a transparent band-aid that you received from the pharmacy.



What do you receive from the pharmacy?

You receive five-gram tubes of Emla and band-aids.
The band-aid consists of three parts:

1



A paper protective layer on the back of the band-aid

2



A transparent adhesive window

3



A paper border

Where do you apply the cream?

First, find the correct place on the back.

Have your child sit upright.

Place your index fingers on both sides of the pelvis.

From there, draw an imaginary line toward the middle of the back.

This is the correct place.

